

Realised Inner Voice

16 POEM ON YOUR LIFE.



RICHA NEWATIA

Copyright@2022 Richa Newatia

All rights reserved

This books or parts of this publication may not be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior written permission of the Publishers.

BLURB

In this beautiful world, everyone is dealing with some problem. Some show and some hide it. This poem book consists of the poem that motivates the reader to be okay with not being okay and brings them closer to themselves to take the necessary stand in life. It tells the reader not to be okay with failure and mistakes, to be judgmental, and many more problems in life. And encourage them to get out of the toxic relationship. All the poems are written in free verse.

DEDICATION

This book is dedicated to my parents, friends and blog chatter.

ACKNOWLEDGEMENT

The writing of this book is not possible without the support of mom, and friends bhumika.

Thank you to my #BlogchatterEbook mentor for solving all my queries. And thank you reader for picking up my eBook.

AUTHOR BIO

Her name is Richa Newatia. She is content writer and compiled of many books and author of the book Realised Inner Voice . She believes writing is the situation to reduce the pain and it's the sword to fight. You can find her on [Instagram](#) and [Linkedin](#).

Content

BLURB	3
DEDICATION	4
ACKNOWLEDGEMENT.....	5
AUTHOR BIO.....	6
Acceptance.....	8
Broken Heart	9
Hurt	11
CYCLE.....	12
Failure.....	14
Judgemental.....	15
Lose Soul.....	16
The mistake. Is making a mistake right or wrong?.....	17
A blur of memories.	18
Lack behind.	19
Chocolate ice cream	21
Pretend.....	22
Suffocating love.....	24
Simple writing.....	25
Try.....	26
A poem on War.	27

Acceptance.

Sometimes in life, we reach a destination,
Where everything is a blur,
The Relationship with a person,
Time spent with a person,
Their love for us,
But our brain knows the truth,
But our hearts do not accept it,
Accepting is hard,
Because we love the person wholeheartedly,
But acceptance is the key to knowing the reality.

Broken Heart

It seems everyone is broken,
Somewhere, someway,
Some people break because of family,
Some of them are due to friends,
Some due to love,
Some due to not achieving the goal,
Everyone is broken here.
Everyone has a different way of handling a Broken heart,
Some people hide their pain and smile,
To make their parents happy,
And make the surrounding people happy,
Some people live alone and survive,
With not getting broken again,

Some people express their pain through the pen,
And trying to cop with it,
Everyone is fighting with their pain,
of being broken.

Hurt

When you hurt because of falling down accept
it,

When you hurt because of your friend accept it,

When you hurt because of family member
accept it,

When you hurt by keeping expectation with
someone accept it,

When you hurt by unknown person accept it,

Whenever you got hurt you feel pain accept it,

Because it is the first step of cure.

CYCLE

When you move the paddle of the cycle forward, you move ahead,

And when you pull back on the cycle's paddle, you move back.

This same process applies to life to achieve the goal through forwarding the paddle,

But sometimes in life, it is necessary to stop,

To achieve the goal,

To be happy,

To have peace in life,

Because some roads are not right for us,

The road of toxic relationships,

Which takes your inner self from you,

Which takes your mental peace,

Which makes your life poison oak,

And destroy you.

You have to get out of this poison oak,

For your self-respect,

For your happiness,

For your peace,

I know it is not an easy road,

But you have to take the courage,

And get out of it,

Because you are strong and enough for yourself.

Failure.

Been failure is never wrong,
But after failing, not trying is wrong,
Because if you work on mistakes,
Then you will achieve the objective
And become successful.

Judgemental.

I thought about why people are judgmental, and I got an answer.

When people judge us,
We don't like it,
But the truth is that at some point I and you judge people,
People judge on the based of experience, thinking,
According to they are nurtured by their parents, relatives,
and friends,
Thinking changes according to time

For some people, I am wrong,
For me, some people are wrong
But the truth is that every person is judgemental at some point.

Lose Soul.

The world doubts the good soul's existence,
The soul always fights with the world,
Soul fight with the inner self,
And one day, the soul loses the battle,
Because the world win,
And lost souls go to
the heaven and
People say a soul is a good-hearted person,
But what use of its soul will never returned.

The mistake.

Is making a mistake right or wrong?

No wrong in Committing a mistake,

But not accepting is wrong,

And not trying to make it correct is wrong,

Knowing the mistakes and repeating them is wrong.

A blur of memories.

There is a time,

When you are sad,

You were broken,

You feel empty.

You find yourself alone on the road,

You want to give up,

And that bad nest of memories,

It will come back to haunt you at some point.

Don't allow yourself to move forward,

Don't allow yourself to trust,

But with the time memories will blur,

Keep the lesson in mind as you proceed.

And one day, I hope bad memories will fade away.

Lack behind.

It always makes you feel,
By surrounding people,
That you are lacking behind.
And then you start comparing,
Yourself with others,
Like me, because
I too, compare myself with other people,
That makes me low,
Take my positive energy,
And makes me feel I am not worthy,
Instead of that, we can try,
To give ourselves value,
We Know what we can do,
And be the best version,
Of ourselves,
I am trying, you should try too,

It says trying helps you to achieve,

What you want in life.

Chocolate ice cream

The chocolate ice cream is dark in colour,
But then also most of us prefer chocolate ice cream,
But when we meet a dark person,
Why don't we like them,
Show them love and make fun of them,
Don't do that, prefer them in your life,
If you prefer chocolate ice cream.

The chocolate ice cream is bitter, then also we prefer it,
Then why don't we prefer a bitter person,
Who tells the truth to us,
Because we like sugar-coated people around us right,
But the truth is some bitter people need in life,
To make us realise our potential,
And achieve what we want,
And make us a better version of ourselves.

Pretend

In the world of competition,

In the world of depression,

Did it is easy to pretend,

Yes, it can be,

But did it makes you/I happy,

No, Right,

Because inner we are not happy,

Pretending to be happy for the old,

Can be right,

But saying lie to the mirror is wrong,

Say true to it,

Because it will give you,

Direction to make happy,

And be you.

Let's promise to mirror,
You/I will say true to it,
In whatever condition.

Suffocating love.

The love that doesn't allow,
You to express yourself
The love makes you feel,
Like a cage,
Where are you always worried,
Did others understand you or not,
It makes you less worthy,
The lover makes your heart weep,
That is suffocated, love,
Try to move ahead of the cage,
I know it is not easy,
But try if you don't try,
Then it will be never possible,
Do it for your mental peace,
Please, for your sake.

Simple writing.

Who says simple writing is not good?

It is classy.

It is worth it.

Who says it is easy?

It is difficult to be simple.

I believe expressing yourself is important.

You are different which makes you unique.

Who says simple writing is not good?

Who says they lie.

They feel jealous of you.

You are unique, keep this in mind.

Try.

I weak, you weak,

Everyone is weak once at a time,

It's ok to be,

Some smile and hide it,

Some share it,

There is a different thing few people understand what you feel

Accept your weak close talk with your close ones

Write on paper about your weakness

I am trying, you also try

To reduce the weakness.

A poem on War.

We all talk about the war,
Which is going between two countries,
How they are dealing with t,
How it is impacting the country,
How it is affecting the humanity,
But what about the war,
Which we daily fight,
By comparing ourselves with others,
By letting down own self,
By decreasing our value in our own eyes,
When will it stop?
The war between two countries
Will come into the end
When things will destroy,
When they will achieve what they want,

When they will get the power,

But war with ourselves destroys us,

And the war between countries destroys countries and
everyone's life,

This is the difference.

